



Preparing to meet your Palliative Care Team?

When meeting your Palliative Care Team for the first time it can be helpful to have a list of questions prepared. Here are some suggestions to help ease the process and make sure your time addresses all your concerns.

- What can I expect from palliative care?
- Where will my care be provided?
- What do you recommend for my care?
- Does my family need to make any decisions?
- Who is on the palliative care team?
- Should I have a surrogate decision maker?
- Will you explain my treatment options and the issues involved in making these decisions?
- How will you communicate with me and my family about my illness?
- If I am admitted to the hospital, will you continue to be involved in my care?
- How will you partner with my doctors?
- How will you help me if I experience severe pain or other symptoms?
- What support do you offer my family and/or caregivers?
- Are you available 24 hours?
- What is the best way to reach you when I need you?
- What resources do you recommend for me to learn more about palliative care?