



Caring for the Caregiver

Learn practical and emotional advice in a nurturing, supportive and encouraging environment.

Presented By:

Community Hospice & Health Services and
Sutter Health Memorial Medical Center
Patient Family Advisory Council.

2024 Schedule

Second Thursday of the Month at 11:00 AM
Memorial Medical Center
North Tower Orchard Room



Importance of Advance Care Planning

January 11, 2024



Managing Caregiver Fatigue and Burnout

March 14, 2024



Dealing with the Stages of Grief

May 9, 2024



Dementia and Behavioral Issues

July 11, 2024



Pain Control at Home

September 12, 2024



Dealing with Aging and Loss

November 14, 2024



FOR MORE INFORMATION

Contact Shelly Baker,
Volunteer Services
Manager at
209.572.7128.

Join In Person:

1700 Coffee Road
Modesto, CA 95355
Orchard Room

Or Virtually By Visiting:

bit.ly/2024Caregiver

Meeting ID: 870 6731 4783

Passcode: 327145

Or Scan QR Code:

