

Children's Grief Awareness Day

November 20, 2025

NATIONALLY

1 in 11

children in the U.S. will experience the death of a parent or sibling by age 18



8.9% ~ 6.4M
children will be bereaved by age 18

AND MORE THAN
DOUBLES

15.5M

youth will be bereaved by age 25

Children's Grief Awareness Day began from a desire to bring attention and resources to grieving children throughout the world. Children grieve differently than adults and often experience feelings of isolation, confusion and despair after a death. This day is an opportunity to provide care and support to a child or teen affected by a loss.

Help us spread the word about Children's Grief Awareness Day, an annual observance focused on the needs of grieving children:



Post and share on social media
(Facebook & Instagram)



Wear Blue on November 20, 2025



Increase your knowledge by visiting hospiceheart.org



Reach out to a grieving child or teen

Community Hospice & Health Services Children's Grief Programs include:

- Individual and Group Support
- School-based Children's Grief Support Program
- Camp Wokini, Youth Grief Camp - June 2026
- Crisis Response Team

For more information call 209.578.6300 or visit hospiceheart.org

