



# 2026 GRIEF SUPPORT GROUPS

## LOSS OF SPOUSE

*Three Groups to Choose From  
Six Sessions Each*

**MONDAYS — 3:00-4:00 PM**

January 5 - February 9, 2026

March 2 - April 6, 2026

July 13 - August 17, 2026

## GENERAL GRIEF GROUP

*“Finding Hope in the Spring”*

**MONDAYS — 6:00-7:00 PM**

April 13 - May 18, 2026

## HOLIDAY GRIEF SUPPORT GROUP

**MONDAYS — 3:00-4:30 PM**

October 5 - November 9, 2026

## REGISTRATION IS REQUIRED

For more information or to register, call 209.578.6300 or visit [hospiceheart.org](https://hospiceheart.org).

**THE HAIG & ISABEL  
BERBERIAN PATIENT  
SERVICES CENTER**

4368 Spyres Way  
Modesto, CA 95356  
209.578.6300

**HOSPICEHEART.ORG**

 Community Hospice & Health Services

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Our agency operates in compliance with Title VI under the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, the Age of Discrimination Act of 1975, and Federal HIPAA Privacy Rules. Our Notice of Privacy Practices describes how we may use or disclose protected health information. You may call our office to request a copy of our Notice of Privacy Practices. Community Hospice & Health Services complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. If you do not speak English, language assistance services, free of charge are available to you. Call 1-209-578-6300, 1-800-735-2929 (TTY). ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-209-578-6300, 1-800-855-3000 (TTY). CA100000783 | CA100000613

